

Diabetes Management



& Education Group

**DMEG Annual General Meeting and Study Day
Wednesday 17th September 2008**

Robens Suite, Guy's Hospital, London SE1 9RT
Tel: 020 7188 7188

“Getting Active with Diabetes”

Provisional Programme

- 9.00am **Refreshments & Registration**
- 9.30am **Introduction & Welcome**
- 9.35am **Annual General Meeting** - DMEG members only
- 10.35am **Tea & Coffee Break**
- 11.00am **Update from Diabetes UK** – all welcome
- 11.30am **Nutrition Requirements in Sport & Exercise**
Ms Becky Stevenson, Registered Sports Dietitian
- 12.00am **Getting the Most From Physical Activity with Type 1 Diabetes**
Mr Gary Blakie, Person with Diabetes
- 12.30pm **LUNCH BREAK** ☺
- 1.30pm **Managing Type 1 Diabetes in Active Young People**
Dr Ian Gallen, Consultant Diabetologist
- 2.30pm **Metabolism and Type 2 Diabetes: How Best to Spend Energy
Improving Glucose Control?**
Dr Mike Trenell, Newcastle University
- 3.15pm **Tea & Coffee Break**
- 3.45pm **Dietary Management of Diabetes with Active Children**
Mrs Francesca Annan, Paediatric Diabetes Dietitian
- 4.30pm **Close of Day**
Evaluation Forms - complete and return please!



DMEG is a specialist group of the British Dietetic Association

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